



REYNOLDS DEFENSE FIRM

*We represent good people facing DUI charges*

# RDF NEWS

*We Represent Good People Facing DUI Charges*

September 2017

## **If Things Go Bad...**

If things go bad, and I need help, I turn to a specialist. When my son needed surgery as a baby, my wife and I turned to a surgeon who specialized in that type of pediatric surgery. Eleven years later, my little boy is happy and healthy. Maybe it would have been ok without the specialist, but maybe it wouldn't.

I believe the same thing applies to law – that it takes dedicated specialization to be the best. So when I have a tax law question, I call the tax law specialist. My trademark law questions go to the trademark law specialist. And if I was arrested for a DUI, I'd call the DUI law specialist - Reynolds Defense Firm.

I hope you never need to call us, but if things go bad, and you need help, please do call us right away. If you or someone you believe in is arrested for a DUI, and if we choose to work together, Reynolds Defense Firm will do our absolute best to take care of you, and our absolute best can be pretty incredible.

Reynolds Defense Firm– we're solid, we're here if you need us, and we are very good at what we do.



**MacDaniel Reynolds, CEO**

## **Sometimes It's Okay to Be A Little 'Selfish'**

In Derek Sivers' article, "Tilting My Mirror", ([www.sivers.org](http://www.sivers.org)) he explains how small changes can make all the difference in how we experience our environment. He describes a gorgeous mountain drive that he drives with some regularity, but always left him drained at the end. He felt like he couldn't enjoy the scenery while driving at a normal speed, so he sped up and his child got carsick. So, he decided to slow down – his child didn't get sick, and he felt she could enjoy the mountains a bit more. The problem was the line of impatient cars behind him, which increased his stress again.

As it turns out, his final small adjustment gave instant relief. He tilted the rear-view mirror up towards the ceiling, so he couldn't see the cars behind him. That simple change allowed him to go at his own pace without being stressed or influenced by others. The periodic passing lanes allowed for faster moving vehicles to pass him safely. When he was over the mountain pass, he simply tilted the mirror back and arrived relaxed and untroubled.

The moral of Sivers' story is simple: when you notice something is affecting your "drive", find a way to make a minor adjustment that improves your experience. Even if it is a bit inconvenient to others.



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## Staff Profile— Richard Morgan



This month's employee spotlight is on Richard, probably the least photographed of all our attorneys. It is no secret that Richard prefers to fly under the radar, but in return, he is a humble person, a fantastic listener, and a great attorney, all of which greatly impacts our clients' experience when they work with him. Here are some fun facts about Richard:

**What was your first job?** I delivered newspapers for the Washington Post.

**What's your favorite thing to do in Portland?** I like to take long walks around my neighborhood.

**What's your favorite home-cooked meal?** Eggs! Any kind of eggs. They're cheap and nutritious.

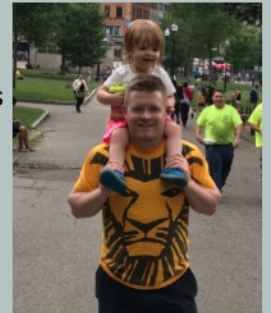


## What's New With Our Team

Congratulations to Eric, our Associate Attorney on his invitation to represent the Oregon New Lawyers Division (ONLD) at the American Bar Association's (ABA) 2017 Fall Conference in Denver, Colorado. He was chosen for demonstrating leadership skills in his current role with the ONLD and, to be frank, is a great candidate to navigate this terrain.

Eric will be one of many attorneys from across the county who are meeting to share ideas, develop leadership skills, and foster relationships among the nation's various bar organizations. The entire team at RDF is proud to work with an attorney who has been recognized by other professional organizations for his talents and tireless efforts to impact others in a positive way. For more information, please visit

[americanbarassociation.org](http://americanbarassociation.org).



## Blue Binder Project Now Scientifically Validated



The Blue Binder Project (BBP) curriculum contains the real-life, hands-on practices and lessons that our firm has refined as we've helped thousands of people through their DUI arrests. With this practical and tested foundation, we've always known that BBP helps people, but we couldn't say 'why' it worked... until now!

More than two years ago, after hearing some of our success stories and reading the BBP curriculum, Dr. Debi Brannan, a professor at Western Oregon University, was not only impressed, she offered to help us understand the science behind our work.

Dr. Brannan and her team approached this in two

ways. They first reviewed each curriculum element separately and found scientific studies that validate every single part of BBP. Even more importantly, they created a scientific study of BBP itself.

Though the study itself continues, after more than two years, Dr. Brannan now has enough data to conclude that Blue Binder Project participants become happier, feel less lonely or isolated, feel more gratitude, and are even more satisfied with life over the course of the program!

In other words, Dr. Brannan has placed a scientific stamp of approval on what we knew already – Blue Binder Project truly helps people.

For more information about BBP, please visit us at [www.reynoldsdefensefirm.com/the-blue-binder-project](http://www.reynoldsdefensefirm.com/the-blue-binder-project)

## Turning a DUI arrest into an opportunity.

Here's what some of our Blue Binder Project participants felt they achieved after completing the 4 week course:

- *I have found myself again.*
- *I feel like I was able to reexamine my life and the ways in which I can work towards achieving my career and personal goals.*
- *I learned to be honest with myself and to put myself and what I know to be right first instead of what others might think.*
- *I gained a better insight on what I want in life and have figured out a clear path on how to achieve it.*