We Represent Good People Facing DUI Charges

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## If you were arrested for a DUI, do you need a lawyer?

I've been asked this question more than once, and while you might view my answer with some suspicion coming from an attorney, if you've been arrested, get an attorney. Hire my firm, hire someone else, apply for a court appointed attorney if you need to, but find someone who knows what they are doing to help you.

It's not because you aren't smart or articulate, but because logic is not the strong suit of our criminal justice system and the last thing you want is to be your own learning curve on something this serious with such lasting consequences.

If you've been arrested, please call my office for a free consultation. Of course, I hope our conversation leads to us working together, but regardless you'll get straightforward answers to your questions so you can sleep easier.

You can also go to our website <a href="www.reynoldsdefensefirm.com">www.reynoldsdefensefirm.com</a> to find answers to common DUI questions, learn more about us, and read testimonials from the many good people that we've helped.

The Reynolds Defense Firm—we're solid, we're here if you need us, and we're very good at what we do.



MacDaniel Reynolds



## Is time going too fast? Want to slow it back down? Here's how!

Why is it that, as we get older, time can seem to pass by a bit more quickly? The explanation that makes the most sense to me is that time seems to go faster because we naturally experience fewer new things as we get older. When you keep doing the same things, you can find yourself on autopilot, and your recollection of each event starts to merge into the other times you've done that same thing. So, what's the solution to time speeding away? It is pretty simple, try new things!

Each time you try something new, your brain is stimulated multiple times – with the anticipation of that new thing, with actually doing the new thing, and then thinking back about having done that new thing – and it is these brain stimulations that create the sense that time is going slower! So, give it a shot – do things differently than usual – eat a new food, go home a different route, heck, learn to moonwalk or jitterbug – whatever you choose, embrace it, and in doing so, you'll kick life out of autopilot, and time starts to slow back down!



## Staff Profile-Derica Waller

Let us shine the spotlight on Derica Waller, one of our fantastic Blue Binder Project coaches! Derica is a licensed professional counselor. Her 19 years of experience give her tremendous insights into what our clients are going through, and how they can truly use the trauma of being arrested to find their next level in life.

As Derica says, "We all have the ability to change our lives and to weather the toughest storms with support, hope and a little imagination. You do not have to be held back by your past. You do not have to settle for 'just good enough'. You do not have to feel as out of control or overwhelmed by the difficulties you currently face. I can help you create the change you want and manage the fears, uncertainties, and feelings that come with this transformational work. You are more powerful than you know."

We are proud to have Derica on our team, and she regularly helps our clients achieve amazing results!

Here are some testimonials from just a few of our clients who chose to participate in the Blue Binder Project:

"I was able to change my mindset and get a better job, and I feel more confident in the choices I make." - J.B.

"Before the Blue Binder Project, I was in a lull. Now, my life is in perspective... life is better." - J.R.

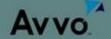
"Getting arrested was the best, worst mistake of my life!" - M R



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Nic & his wife's pretty amazing snow sculpture!

## What's New with Me and My Own We had a deal!

We had a deal. When I moved out here, part of the mutual understanding was that snow stayed in a place where I could visit it, or not visit it, as I chose. Our agreement has worked pretty well over the past twenty years... we did have a bit of an issue in 2008, but we worked through that.

All relationships have their ups and downs, right? But, this seems pretty extreme - what is going on? Did I miss a birthday? Did I forget to tell you how much I appreciate you? That I thought this past summer was great? Regardless, you've made your point. I am sorry, and I accept complete responsibility. For all of it. Just please stop with the snow/ice/cold, ok?

Hah! We'll see if this apology works – until then, Jack and his friends are enjoying the bobsled course that we've built down the road into our cul-de-sac. You're welcome to come try it out, but be warned – this isn't for amateurs. If you take Turn One too high, you'll fly off the course and into a snowbank, and who knows when it will melt enough that we can go looking for you!



The bobsled run at the Reynolds' house.

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