We Represent Good People Facing DUI Charges

February 2016



Someone I believe in was arrested for DUI – what can I do?

This is MacDaniel Reynolds with the Reynolds Defense Firm, and we specialize in one thing – we represent good people facing DUI charges.

It's hard to see a person you care about go through the challenges of a DUI arrest. While you can't make it go away, one of the most important things you <u>can</u> do is to help them find the right law firm as soon as possible. Being arrested for a DUI is incredibly traumatic, and sometimes the person you believe in could use a nudge from you to help them make the best decision for themselves, their family, and their future.

Please have the person you care about call us. While the Reynolds Defense Firm isn't the right firm to represent everyone, I believe we <u>are</u> the right starting point for everyone. That first call is free, and the time we spend together will be much more productive than trying to diagnose your legal problem on the web.

With a combined 35 years DUI law experience in our local Multnomah, Clackamas and Washington County courts, Reynolds Defense Firm has the answers to help the person you believe in.

The opposite of addiction isn't sobriety

The opposite of addiction isn't sobriety. The opposite of addiction is connection with the world around you; connections that make life fulfilling enough that a person doesn't want to hide through drugs or alcohol. Is this true? I don't know, but it is the premise of a great Ted Talk by journalist Johann Hari that is worth watching.

I think Hari's ideas may be more relevant to our daily lives than we realize. I think this goes beyond folks with an addiction - I think I'd go back a step or two before addiction. Back to where whatever it is - alcohol, drugs, food, even smart phones and the internet - is being overused or abused. Why do we do this to ourselves? Is it because life isn't working quite the way we need it to? Perhaps the human connections we crave at a fundamental level aren't quite there? Maybe we need a little more social and a little less social media... I don't know the 'right' answer, but the next time you see someone doing something that doesn't make sense when you look at it from the outside, take a minute to look at it from the connection perspective. What you learn just might surprise you.

www.ted.com/talks/johann_hari_everything_you_think_you_know_about_addiction_is_wrong



Contact Reynolds Defense Firm (503) 223-3422

www.reynoldsdefensefirm.com

Portland Office 1512 SW 18th Avenue Portland, Oregon 97201 West-Side Office 12725 SW Millikan Way, Suite 300 Beaverton, Oregon 97005



Let us introduce Eric Pickard!



Please let us introduce associate attorney Eric Pickard. Eric is one of our four attorneys here at RDF, and he is a solid member of our team! And, as you may be able to tell from his beaming face, Eric is a new father - in the picture he is holding his beautiful four-month old daughter, Anabell. In between being a dad and an attorney, Eric enjoys hiking, and playing tennis. He is an avid movie fan and he is our in-house Star Trek expert. Eric uses his legal knowledge and his people skills to help our clients move through the challenges that brought them to RDF and to go forward in life in happier and more fulfilling ways. Eric is a great person, and we are proud to have him on our team!

The Blue Binder Project

Unfortunately, most people never take advantage of the opportunity that comes with being arrested for a DUI. We are trying to change that here at RDF, and that is the reason we created the Blue Binder Project. Here is what one of our recent Blue Binder Project participants has to say:

"The Blue Binder Project didn't turn out to be as difficult as I thought it would be. I was ready for this metamorphosis to occur. I was tired of the life I was living. I was in a big gray funk, I had no darity. Now I can see individual colors... [Life is] continuing to become clearer. As it clears up, more things are obvious, and I wonder why didn't I do this years ago?"

Reynolds Defense Firm West-Side location!



Need a solution to Hwy 26 traffic? Meet us at the Reynolds Defense Firm's West-Side office! If you live or work in Beaverton or Hillsboro and need our help, we can ease some of your stress by meeting you at our convenient West-Side office. We are inside the Beaverton Round at 12725 SW Millikan Way, Suite 300 in Beaverton, and meeting times are available by appointment. (503)223-3422

What's new with me and my own

Jack rocked his most recent school project – building the Reynolds family totem pole! I may be a little biased, but I think it is pretty cool, and, aside from some help finding what to use as the pole (concrete form tube – thanks Home Depot), he did all the work himself. This included research - each totem animal represents certain personality traits, so the animals he chose for us are supposed to match who he thinks we are as people (or as a dog in the case of our dog Maggie). So, this is what he came up with:

- · Jack is a bear, because he is welcoming, friendly, and strong,
- Maggie is a wolf, because she is loyal, powerful, and heals humans who are sick,
- Tammy is a hawk, because she has great strength (CrossFit is paying off!) and is quick to assist those in need, and
- I'm an owl, because I have perseverance, and I'm wise and respected!

Then he hand-drew the animals on paper and painted them before fastening the paper to the pole. Like I said, pretty cool!

