



REYNOLDS DEFENSE FIRM

We represent good people facing DUI charges

RDF NEWS

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MacDaniel Reynolds

Eat First, THEN drink and be merry

I love Oregon summers—I love hiking and camping with Tammy and Jack, I love all the cool outdoor events that make Portland such a great place to live, and I love backyard BBQs with friends. And that brings me to a simple, but powerful tip to share: Eat before drinking. As many as 20% of the good folks we represent on DUI charges began their night by drinking on an empty stomach. That's right, 20%!

The reason food makes a difference is because of a little valve in the bottom of your stomach. Food causes that valve to close, trapping the food and any later drinks in your stomach until the food is digested. You can absorb alcohol through your stomach lining, but it is a slow process, so the alcohol from a drink goes slowly into your bloodstream over an extended period of time. Now compare this to drinking without food—the valve remains open, the drink goes through your stomach and into your intestines, and the alcohol is very rapidly absorbed into your bloodstream. This means the alcohol from that drink hits you all at once, having a much greater impact than the same drink would have had if you had eaten first.

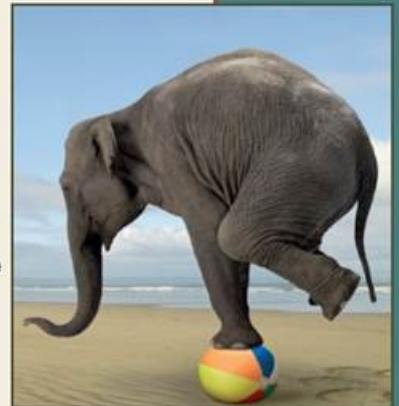
I hope you never need to call us, but please keep our number in your cell phone, and if you or someone you believe in has been arrested for a DUI, please call us right away. At the risk of sounding immodest, we truly are fantastic at what we do.

The Walk and Turn Test

Everyone's heard of roadside field sobriety tests (FST's)— these are the tests police use to evaluate a person and gather evidence. From a citizen perspective, I think we'd all like these tests to be a fair and accurate way to see if someone's had too much to drink, but in reality, I often see people with very low breath test results fail different field sobriety tests because, in their fear and nervousness, they didn't fully understand the directions and how they were actually being graded.

The Walk and Turn test is a good example—this is the field sobriety test that most folks refer to as the 'walk the line' test, and everyone thinks the main purpose of that test is to maintain your balance while walking on a line. In reality, keeping your balance is just one of eight different things a person is graded on in this test. Other 'clues' (things an officer looks for) include starting the test before you are told to begin, not touching your heel and toe on any step, or raising your arms more than six inches from your sides at any point. As surprising as it may be, many people actually fail this test before they even take their first step.

I hope you never find yourself in this situation, but if you do, listen closely to the directions an officer gives, and ask questions if you don't understand—understanding what the officers are actually looking for could make a very big difference in how your evening ends.



Contact Reynolds Defense Firm

(503) 223-3422

www.reynoldsdefensefirm.com

Portland Office

1512 SW 18th Avenue
Portland, Oregon 97201

West-Side Office

12725 SW Millikan Way, Suite 300
Beaverton, Oregon 97005



Two big wins for Josh!

Josh Gibbs is the head of our Legal Department, and he is both a fantastic person and a gifted trial attorney. Josh has two recent wins that deserve big congratulations!

First, Josh recently had another win in the Oregon Court of Appeals, this time on a Multnomah County DUI case. At the trial court level in *State v. Green*, Josh argued that an officer violated our client's constitutional rights when the officer eavesdropped on a conversation between our client and law firm staff. While the trial court thought differently, the Court of Appeals agreed with Josh's analysis of the law and ruled for our client.

Second, Josh has been asked to speak at the annual Search and Seizure Conference of the Oregon Criminal Defense Lawyers' Association this fall. It is an honor to be chosen by his peers to present at this conference, and the topic of the presentation? The success Josh had in winning yet another case at the Court of Appeals by creating a new argument that highlighted an officer's violation of a client's Miranda rights during a police investigation. Congratulations Josh!



Reynolds Defense Firm West-Side location!



Need a solution to Hwy 26 traffic? Meet us at the Reynolds Defense Firm's West-Side office! If you live or work in Beaverton or Hillsboro and need our help, we can ease some of your stress by meeting you at our convenient West-Side office. We are inside the Beaverton Round at 12725 SW Millikan Way, Suite 300 in Beaverton, and meeting times are available by appointment.

(503)223-3422

To keep up with all things Reynolds Defense Firm, connect with us on social media. Like us on Facebook, check our profiles on LinkedIn, or learn more about our attorneys on AVVO.



What's new with me and my own

A sad, sad day...

Well, I've been dreading this moment for about two years now, but the time has come. I have to retire my old hiking boots and find a new pair. I'm not doing this lightly, but I guess it needs to happen. My boots recently celebrated their 14th birthday (I bought them in 2002), and they have served me well for hundreds, maybe even thousands, of miles. The moment of realization came during the hike Tammy and I did over the 4th of July. It wasn't that I had to superglue the soles back to the uppers again before the trip (this works surprisingly well), nor that I pulled another lace hook out of the leather. No, it was because I realized why I kept slipping and sliding on the steep trails. At one point when we were hiking on damp sand, I looked back at our tracks and realized that on everyone else's footprints you could see the tread from the person's boots outlined in the sand, but my tracks were as smooth as the proverbial baby's bottom. So, I need a new pair of boots, and I'm trying to keep an open mind - I know that technology has advanced a bit in the last 14 years. I'm sure I'll find something great, but part of me is tempted to hit eBay to see if anyone has a new pair of 2002 Montrail leather hiking boots for sale...

